

What Is The Secret & What Is All The Fuss?

Julie Hryniewicz-Hache -- Tuesday, March 20, 2007, 9:54AM



What the heck is "The Secret" and what is all the fuss about???? Wow, it sure is interesting what is happening in this community... Oprah has a couple shows on the matter, other talk shows jump on board, we are putting on a seminar right here in Sault Ste. Marie to share the principles, and the whole city is a buzz with controversy! I will proceed to explain how "The Secret" came into my life...

At the beginning of December, 2006, I was getting a business photograph taken at Brian Tremblay Photography when Brian and I engaged in a conversation about my latest speaking and writing adventures. Brian had a copy of my audio CD program on life balance

titled, "What Happened To My Tires?" because he also did the photograph for that CD jacket as well.

I told him that I finally published my first book on wellness and explained that I was now writing two local columns, one called, "Life Is Too Short" for Soonews and the other called, "Motivational Minute" three times a week for a luncheon type publication called Omni Notes at www.omninotes.com that is published around the city, every Monday, Wednesday, and Friday.

Brian's next question to me was, "So, you must have heard about the secret?" I looked at him with a perplexed look on my face and replied, "No, I haven't." He couldn't believe that I hadn't heard about the secret and he proceeded to write the website address down on a piece of paper that read, "www.theseecret.tv". He told me that it changed his life and that I could watch the movie online. (By the way, I will be bringing Brian

up on stage at the seminar on the 29th.)

The movie is a quasi documentary that was made in conjunction with a number of self-help gurus, by an Australian woman, Rhonda Byrne, who had turned her life around after a very tough time in her life. During this difficult time, her daughter had given her a self-help book to read. The woman was so blown away by the power of the information that she wondered why more people didn't know about "this". The movie and book centers around one of the most powerful natural laws of the universe. "This" is the power of the law of attraction.

I have been reading and learning about the law of attraction since I began reading self-help books back in 1997. It has always been loosely mentioned and is a common theme that runs through most work in the realm of life improvement. One definition of the law of attraction states that, ***"Whatever we give our attention, energy, and focus to, we get more of the same - whether wanted or unwanted"*** (From **"The Law of Attraction"** book by Michael Losier).

I actually saw the author, Michael Losier, speak live on the topic at a three-day seminar that I attended in Puerto Rico in 2005. I had been studying the principles in telephone seminars prior to hearing him speak live and proceeded to participate in several weeks of teleclasses, taught by Michael Losier himself. I began listening to audio CD's, reading more material on the matter, and being introduced to several other books where this concept is discussed in length.

The law of attraction was described in great detail in classic success books that I have studied titled, ***"The Master Key System"*** written by **Charles Haanel** in 1912, ***"As A Man Thinketh"*** by **James Allen**, ***"The Power of Your Subconscious Mind"*** by **Dr. Joseph Murphy**, and the ***"Power of Positive Thinking"*** written in 1952 by **Dr. Norman Vincent Peale**, just to name a few.

Whether you understand, believe, or practice the law consciously or not, it is working in our life. Evidence of the law of attraction lies all around us (we call them coincidences) and we actually attract into our reality according to the mood, feeling, or vibration that we put out. The great thing is that there are only two vibrations (negative and positive) and our results, in any area, will match our mood. If you are not sure what vibration you are more predominantly putting out, you just need to look at the results you are getting in the area of concern. This applies to individuals, workplaces, schools, businesses, and cities!

In January of this year, I received a call from the owner of Achieve Fitness for Women asking if I had heard about "The Secret". I proceeded to explain that I actually purchased eleven copies of the movie to lend out to my family, watched it several times, and keep the book at my bedside. I explained that I thought the movie was well done in summarizing the law of attraction concept that I had been utilizing seriously for the previous two years. Considering that I had delivered a four-week course at her fitness centre a year a half prior on life improvement, she asked if she could hire me to come in and talk with her weekly weight loss group of a dozen or so people.

In one week that small group turned into over 90 people who wanted to attend the session so she had to move our little get together to another venue next door in a ballroom that could accommodate the larger group. That seminar, on February 19th, turned out to be such a success, especially due to the fact that Oprah featured two shows on the matter within a couple weeks of each other! There appeared to be interest in opening the seminar up to include the general public and the other gender as well! Thus, the seminar that has been organized for March 29th...

I am passionate about the principles that are mentioned in "The Secret" and use them daily in my life. The principles of the law of attraction have also been utilized throughout history by many great thinkers, inventors, and leaders of our history. It was even rumored that Bill Gates came across the concept of the law of attraction in the book, "The Master Key System" and then dropped out of University to pursue his dream of "a computer on every desktop"! Please don't try this at home - I mean the dropping out part!!!!

Whether you have already watched the movie, read the book, or you are brand new to the subject, applying this "law" can have remarkable results in your life and our community as a whole. The process is something that I teach in every single one of my seminars because it is that valuable in dealing with all areas of life, health, relationships, and personal happiness. You deserve to learn about this powerful force that can improve your life. You will be grateful that you did...

I am so convinced about the power of this information, that I am also extending an open invitation to the Mayor, CAO, and all of the City Councillors of Sault Ste. Marie to attend the seminar at no cost. There will be a list at the entrance to the seminar with your name on it and you are welcome to join us for free. (And don't worry - you can sit wherever you want!) I believe that we can continue to improve the quality of this city and that this information can potentially benefit all of us. Have a great

day everyone!

"What this power is I cannot say. All I know is that it exists."
Alexander Graham Bell

Tickets for the two and a half hour seminar on Thursday March 29th, 2007, from 6:30 - 9:00pm for \$25, are now available at the Best Western, Great Northern Road. Tickets can also be reserved and purchased by calling 253-2348. "The Secret" movie and book can be purchased at Coles or by visiting www.theseecret.tv.