

THANK YOU, THANK YOU, THANK YOU!!!!

Julie Hryniewicz-Hache -- Friday, March 30, 2007, 1:15PM



Today is such an amazing day! I am soooooo absolutely grateful for every single one of you who attended and participated in the glorious experience last night. Thank you especially to amazing Patty Jaeger, and her remarkable staff from "Achieve Fitness for Women", who coordinated this seminar for our community. Although feeling literally exhausted, I am so abundantly grateful for the fact that you opened your hearts and minds to some life-giving information. I am feeling more blessed than any day of my life so far...

To see faces of hundreds of people, filling the room to the brim, who have known me for years or just met me for the first time makes me feel so honoured. I was able to look out

at my beautiful supportive family, friends, coworkers, business associates, acquaintances, brand new dynamic people, and even a former teacher, that I have attracted into my reality and life mission!

Thank you to Patty from Achieve Fitness who donated two amazing "Solo Spa" packages, to my husband, Tim Hache, for donating two handcrafted Muskoka chairs and tirelessly assisting with setup and takedown, and to my sister, Krista Nolan the owner of Mane Street Salon & Spa, who donated a \$225 "Stress Buster" Spa Package and where they also did my hair and makeup. Congratulations to all the winners of the free draws, including the ten winners of my book.

Special thanks to Brian Tremblay, of Brian Tremblay Photography, for originally introducing me to "The Secret", for telling us about his law of attraction journey, and for taking professional photographs of the event. Thank you also to John O'Donnell and Paula Trus from Northview Media Group who professionally videotaped the event. It is on my dream board to work on getting it aired on Shaw Channel 10 for the community to

benefit!!!

Thank you to as well to Lori Bumbaco, Rosa Grandinetti, and Louise, who were kind enough to brave the microphone and stage, to share their experiences as well. Since I didn't get to bring up everyone who had a story to tell, we will be sure to get them up at the next one! I will look forward to hearing from all of the individuals who are making positive change in their days so that one day when we make it to the Steelback Centre, we will have lots of triumph to share!

Furthermore, thank you so much to my Dad, Claudio Hryniewicz, who kindly assisted with all of the technology, sound, and electronic set-up, monitoring, and takedown as well. Best Western staff, especially Burton and other helpers, were extremely helpful and kind for our varying requirements, requests, and preparation for this event. Additionally, thank to you all of the advertisers as well as Fuzed Notions Creative Studios Inc. who assisted with flyer design.

Linda and Jim, from Omni Notes who assisted with event plugs and providing copies of Omni Notes to most of the guests, were also wonderful contributors to the success of this event. I write another column called, "Motivational Minute" every Monday, Wednesday, and Friday in Omni Notes, available at 100 locations around the city, as well as online at www.omninotes.com.

I am also eternally grateful for Craig at Soonews, who has provided me with this solid forum to share my message with others. This column has been the greatest opportunity for me to reach thousands of people. (Thanks to Mike Cristello who originally made that connection for me!) Additionally, I am grateful to The Sault Star for the article in Wednesday's paper.

Thank you as well to anyone else who was involved in any way with assisting us in spreading joy to the community. Since the intention of "The Secret" is to bring joy to the world, we are on the right track! I was also blessed that we could share this message with some amazing children and many men in the audience who joined with the fabulous women of our community. You are all so awesome for making the effort to be there!

I have so much to be grateful for. We all deserve to feel so much love, joy, peace, adventure, and extreme gratitude for the blessings in our lives. We have the choice to take our journey of life to brand new heights by recognizing the power that we hold within ourselves. At this very moment, as you read these words, your body is being affected at a cellular level. Our beliefs, thoughts, feelings, and words affect who we

are, what we do, and how we view the world.

Deciding to change the lens of our life to one that is more fulfilling can happen in an instant. Without changing even one circumstance that surrounds us, we can decide to view our world from a whole new perspective. Your life is by your creation and if you have not been creating by design, then today you can press, "Reset", and redirect your vibration to one that is more positive.

We are living in the most exciting time ever in the entire history of human civilization because we are collectively moving to a better place. Our consciousness is raising, our minds are expanding, our hearts are opening, and our souls are singing... You are meant to be here at this very moment in history because you have something very exciting to offer this world.

Your family, your friends, your coworkers, your school, your church community, our city, and this world deserves to experience what you have to offer - your love, your talents, or your experience. Our energy is highly contagious. Our deepest despair can be used as a springboard to our greatest success. Our purpose is to take what we have gathered until this very minute in our lives and put it to use for the good of others.

In the coming weeks, I will be following up with several articles, stories, resources, and photos from the event, where I will expand on the concepts from the seminar and where I will integrate poems, writing, words, stories, and experiences of other people who have been sharing their life journey with me. Our work has only just begun here but we are on a new path of enlightenment, awakening, and discovery of the fact that we are blessed and showered with more wonder and good than we could ever imagine.

Imagine your world from new eyes. What do you see? How would you feel? Who are you grateful for? What are you been called to do? What makes you sing? I am off to reflect and recover from the wonder of last evening and prepare for a new beginning in our community. Stay tuned as we join together on this journey.

May you embrace, cherish, and appreciate your loved ones, step out into the beauty of nature, nurture and care for your bodies, imagine your most fulfilling life, and lose yourself in those things that bring you joy. I am so grateful that you are here with me. Thanks again to everyone!!! May your days be blessed...

"Life is the canvas of the imagination." **Unknown Author**